

**Artichoke.** *Green Globe.* Very tough. Ornamental and tasty. Perennial plant with large silver leaves and striking purple "thistle" flowers. Eat buds-cooked, or use flowers in the vase. Very drought tolerant. Cut back after flowering.

**Beans.** All BUSH varieties: climbers don't seem to be coping with climate change here. Bush types seem to cope better with extreme heat and lack of humidity. All the same, some protection from sun is advisable when seedlings are small. Many gardeners in Central Victoria and S.A. now grow beans under shade cloth

**Royal Burgundy.** Small vigorous plant with large, purple tinged crinkled leaves. Many pods produced over a long time. Tender and stringless.

**Zagreb Soldier.** A Yugoslavian heirloom, old type of light green, flat pods, stringless when young. A strong grower and prolific. Can also be used as dried beans.

**Beetroots.** Egyptian. Very reliable type even in hot weather and will withstand frost when mature. Sweet. Tender even when large.

**Cylindra** An heirloom since late 1800's. Long roots which are very tasty and don't get woody when large. Very heat tolerant. Dark red colour.

**Broccoli.** *Green Sprouting. Calabrese.* Medium main head and many side shoots over a long time. Can last for years.

**Carrots.** *Pfalzer.* Old rare yellow type. Tastes good, sweet and never woody. Very large roots, easy to germinate and grow and hardy.

**Portugal Summer Cabbage** A non hearting and very old variety of Brassica. It can be used as a Kale and is quite tasty. Grows a tall stem and as long as leaves are picked, will keep growing. Leaves make excellent poultry feed. Does not mind heat

or frost. Cabbage moths seem to mostly ignore it too.

### **Cucumber. Boston**

**Pickling.** A hardy small vine with very tasty, short, light green fruits. Good to eat fresh or for pickling.

**Eggplant.** Long GreenThai Wonderfully tasty and easy to prepare. Skins tender. No bitterness no special preparation. Very heat hardy and drought tolerant. Also very heavy producing .

**Lebanese Eggplant.** Long: purple skin. Prolific. Eggplants seem to thrive in hot dry summers but needs a long growing season so start early.

**Kale. Red Russian.** Vigorous. Grow over cool months. Ornamental large frilly purplish leaves. Very nutritious.

**Leek. Turkish.** Rare type from Heritage Seed Curators. Sweet stems . Easy to grow.

**Poor Man's Leek.** An old, "primitive type of onion. Very easy to grow. Very hardy. Makes a slender leek. Sow spring and summer for winter harvest.

**Lettuces.** Loose leaf.

*Frilly Pink.* Dark green crinkly leaves with pink tinged edges. Good tasting and grows all year

**Oak Leaf Purple.** Very easy to grow, quick maturing. Attractive leaves, tender taste.

**Red Coral.** Striking tight heads of frilly bright red leaves. Very gourmet.

**Cos. Green.** Proven in hot weather. Very large and dark green leaves. Excellent for Caesar Salad.

**Mixed Lettuce.**

Four easy to grow lettuces: **June Harty,** Large dense plant with frilly light green leaves; **Four Seasons,** French

heirloom butterhead type with light green leaves and dark red edges, **Purple Oak Leaf** and **Frilly Pink.** All eye-catching and tasty.

**Marrow. White Bush** This is the old Australian favourite. Produces a long cream skinned fruit on a compact bush, like a zucchini, but keeps well. Small fruits can be used like zucchini and mature ones best baked.

**Mizuna.** A delicate tasting, tender, feathery leafed Asian salad green. Can also be stir fried or steamed. Easy to grow.

**Onions.** Red Salad onion. French type. Barrel shaped bulbs. Grow over winter. Mild flavour. Keeps well.

**Peas.( Not to TAS.) Shelling** Types.. All hardy and disease resistant.

**Electra.** Almost leafless with many tendrils. Semi climbing to 1 m. Reliable.

**Hurst's Green Shaft.** Very prolific with long pods. Small bush to 50cm. Hardy and heat tolerant. Old variety.

**Kodiak.** Another bush type, hardy and reliable producer. Does well spring through to early summer.

**Snow peas**

**Yakumo Climbing** . Very good quality, huge pods, prolific.

**Delta Louisa.** Bush snow pea. Purple flowers. Medium sized pods. Developed in Australia. Very hardy

**Sugar Snap pea.** Bush type. Sweet and crisp: eat when pods are filled. These peas are not as easy to grow as snow peas.

**Radish. China Rose.** Very crunchy, juicy and crisp. Long roots Red skin and white inside. . Easy to grow.

**Salad Mix.** *Mesclun* A proven variety of leafy greens for growing all year.. Lettuces: Frilly Pink , Red Coral, Green Spear, Green Cos, Everlasting, Green Oak, Purple Oak: Rocket, Choy Sum, Mibuna, , Pak Choi, Spinach and Coriander. Suitable for containers. Very easy to grow.

### **Pumpkins.**

. **Australian Butter pumpkin.** Old heritage type. Orange brown skin. Bright yellow flesh. Good for soups and baking .Medium/ Large fruit.. short storage: excellent flavour

. **Long Island Cheese.** A heritage type from 1824. Named for looking like a large orange cheese wheel. Medium to large fruit with attractive, ribbed, buff orange skin. A good keeper. Sweet orange flesh , lovely for soups or baking. 90-100 days.

**Spinach** English. Strong grower with large leaves. Grow over cooler months.

### **New Zealand Spinach**

#### **Warragul Greens**

A leafy vegetable which grows on a sprawling vine. Leaves are like spinach but best steamed or lightly cooked. Very hardy plant will cope with heat and frost. Pick end branches regularly to increase leaf growth.

**Swiss Chard.** – AKA Silver Beet: Rainbow Chard, with stems of yellow, cream, orange, red, pink. Very tasty and attractive. Grow autumn to late spring.

**Tomatoes.** Short season types are quick to mature and will set fruit even when night temperatures are low.

**Sub Arctic Plenty..** Compact plant, needs minimal support. . Short season type. Very hardy even in hot days and cold nights. Good quality medium round, red, fruit. Very reliable and prolific.

**Early Boy.** Exclusive. My new favourite. Really rich red colour and uniform round shape. Large fruit, 400g +. Needs support. Quick maturing. Heat tolerant. Disease free.

**Purple Plum** Exclusive. Medium, egg shape, dark purple, the most delicious taste, sweet and juicy.

**Siberian.** A compact plant, suitable for containers. Very prolific and heat tolerant. Fruit are small to medium , round, red. Early maturing and sets fruit even in cool weather.

**Red Cherry.** Sprawling bush which looks after itself. Round fruit ..large cherry size. Sweet.

**Roma** A particularly large version and very heavy cropping, on a big bush that loves the heat.

**Zucchini.** *Fordhook.* A delicate flavour . This Italian type has cream speckles on light green skin. Quick growing and vigorous.

### **Herbs.**

**Spring Onions** *Sweet white*  
*Spanish*

#### **Calendula.***Officinalis.*

Annual, but can last several years. A small orange single flower. Tends to hang on in summer but does better in winter. This is the medicinal type.

**Coriander.** Slow bolt variety for leaves. Needs warm soil to germinate and plenty of water for good growth.

**Chives.** Easy to grow. Perennial and very hardy.

. **Lovage.** Handsome plant with dark green leaves that look like giant parsley. Celery flavour which is zesty. Good for soups. Perennial. Dies down in winter.

Needs moist shady spot, or grow in pots

#### **Parsley. Italian**

(Continental). Better in the heat than Triple Curl

**Salad Rocket.** Very hardy salad greens with slightly spicy flavour. Grows most of the year and self sows easily.

**Sage.** Lasts several years. Must have sharp drainage. Likes sandy soil and full sun.

#### **French Sorrel.** Leafy

perennial with delicate lemon flavour. Favoured by French chefs for egg dishes.

**Nettle.-** Stinging Nettle. *Urtica.* Easy to grow if in rich soil and with some moisture. Valuable medicinal tea and helpful compost additive. Also useful for poultry and stock feed. Can be used stewed fresh or drier

#### **Ornamental Sun Flower**

**The Joker.** Lovely shades of bronze, burgundy, gold and orange . Flowers of 15cm wide, last up to 10 days in the vase. Plants are bushy , up to 150cm.tall. Hardy and vigorous.

**Peony Poppy...**Pink, orange, purple, red, double frilly. Self sows easily. Flowers in spring. *Very showy.*

**Flanders Poppy.** The Legacy poppy. Small open single bright red flowers. Very striking. Flowers in early spring. Will self seed and naturalise easily in moist damp spot with some afternoon shade.

**Aquilegia.** *Granny's Bonnet.* A very old cottage garden perennial. Hardy if given some shade and moisture. Likes leaf mould too. Selection of colours. Can be started in pots and transplanted in spring or early summer.

#### **Echinacea- Purple Cone**

**Flower.** Very pretty and valuable medicinal plant. Needs cool damp conditions in winter and open sun in summer.

***Wallflowers.*** Mixed colours

.Beautiful perfume. Easy to start in trays in Autumn. Perennial. Very drought tolerant. Bee attractant.

***Hollyhock.*** Mixed colours.

Including light and dark pink, cream and dark purple. For the old fashioned cottage look. Very drought tolerant and disease free. Tall plants .Easy to grow. Perennial. Start autumn to spring in trays and transplant

***Nigella. Love in a Mist.***

Seeds are edible and used in Middle Eastern dishes. Very pretty ferny leaves and delicate blue flowers. Self sows easily. Start autumn to early winter. Flowers in spring.